





# Empowering our Guests to create the most meaningful life imaginable

Our aim is to encourage people to participate fully in their community. We wholeheartedly support our Guests' right to be productive workers by holding jobs in the community, becoming contributors of goodwill by way of volunteer opportunities, and being valued neighbors and friends through social and recreational activities.

We offer a wide range of services through our day programs, everything from employment training and placement to education and life skills training. We provide services to those with developmental and intellectual disabilities, autism, and acquired brain injury.

By taking a holistic approach and matching resources and education, each person has the opportunity to build the most meaningful life imaginable. All services are provided in a **WOW! Magic** atmosphere available exclusively at American Training.

# Day Programs

# **CBDS Mobile**

This program is an employment-centric community-based vehicle for individuals to engage in meaningful, purposeful activities that enhance their lives,

#### **ABI Program**

This program focuses on building one's optimal level in social skills, communication, behavior management, self-help abilities, and activities of daily living for those with Acquired Brain Injury.

## **Day Hab**

This program primarily addresses the medical, clinical and therapeutic needs of each Guest. With a concentration on sensorimotor, communication, social, independent living, affective and behavior development, it is designed to improve communication and self-help skills in both traditional and innovative settings.

### **StarWorks**

This program builds confidence and skills leading to employment for people of all levels of abilities and challenges.

#### ISS/IHS

Individual Support Services provides flexible supports based on peoples' needs while In-Home Supports provides services to individuals and their families at their own homes, including respite services.

#### **Employment Services**

This program features group-supported employment sites as well as individualized job coaching.



"I've had people who noticed the new flags at the graves of their loved ones, come up to me and thank us. Being a veteran myself, I hope that doing these flag replacements each year shows we care about our veterans, each and every one of them."

- Day Services Colleague



"Our Guests are not content sitting home watching television and playing video games. They enjoy being active residents in the communities in which they live, work, and play. That is what living a meaningful life is all about."

- Director of Day Services

Our programs are certified through the Department of Developmental Services; Quality Enhancement Licensing Division. We are accredited through CARF.

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