Community-Based Day Supports at American Training

6 Campanelli Drive, Andover 150 Industrial Avenue, Lowell 107 Audubon Road, Wakefield



# Community Based Day Supports with a WOW! Magic touch

Our innovative Community Based Day Services program offers our Guests meaningful days out in the communities they call home. Our unique program was designed around the feedback from our Guests and their families, who wanted to see more time in the community with more purposeful activities.

We responded with our mobile program, which has our Colleagues picking up Guests at their homes in the morning and heading to a local coffee shop for a morning meeting. There they discuss goals and expectations for the day before heading out to various activities including museum visits, yoga in the park, a job tour, and more.

Our groups are small, with just five to six Guests in each group. All of our groups travel in our state-of-the-art vehicles, wrapped in ATI logos, and equipped with mobile hotspots, a tablet, and a navigation system that allows them to travel the most efficient routes, giving our Guests more time to do what they love.

Our CBDS Mobile program is an employment-centric community-based vehicle for individuals to engage in meaningful purposeful activities that enhance their lives,

## **Employment**

This element gives our Guests the opportunity to learn about career opportunities, tour job sites, and even experience careers first-hand.

### Job Club

Resume building, job searching, applying online, and interview skills are all a part of this club.

### **Travel Training**

Guests learn how to navigate their communities through public transportation to learn how to get to and from jobs, as well as recreation.

## **Fitness**

This element varies from day-to-day, always keeping things fresh. Fitness might include seaside yoga, tae kwon do at the park, a Zumba class, trail walks, and more.

### **Cultural Enrichment**

Our Guests learn about their communities and culture. We visit museums, cultural fairs, hold book clubs, and more.

## Recreation

We always incorporate fun into everything we do. This may mean enjoying a trip to the movies or the Butterfly Place, community gardening, or a visit to a local farm, among so much more.

## **Our WOW! Magic**

Our **WOW! Magic** Way of Working means we incorporate fun and entertainment into everything we do, with the goal of providing Unique & Different options that create Outrageously Memorable moments through our Extraordinary Customer Service. We believe that when people are having a good time, they learn quicker and they become much more independent than they ever could be without it. We don't just do job tours, we experience them. We don't just do fitness, we do it seaside, in beautiful settings. We don't just do travel training, we use it to take us on fun and sometimes unexpected adventures. We do it all with our mission of Bringing Out the Best in Everyone We Touch Because Every Life Matters in mind.

## Making Life Meaningful

By taking our CBDS program on the road, we're able to cut down on transition time for our Guests, and use every moment to make lives more meaningful. We are focused on enhancing employment services and giving our Guests Outrageously Memorable days, in which they learn and grow. Our CBDS Mobile groups are small, allowing our Colleagues to individualize services and truly tap into the interests and needs of each Guest. Plus, with the same Colleague partnered with the same Guests each day, these small groups will flourish, because our individuals take comfort knowing what to expect each day.







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