









MAKING THINGS POSSIBLE: The Parenting Experience

November 17, 2018 | 8:00 am - 4:00 pm

WELCOME



Welcome to the sixth annual Making Things Possible Conference at Cotting School made possible by the generosity of the Burr Family. Expert speakers and workshop leaders look forward to sharing evidence-based, practical strategies in hands-on sessions and discussions throughout the day. In addition, our resource fair will provide the opportunity for you to explore a variety of programs, products and services. We welcome you to share ideas, inspire each other, and connect through conversation throughout the day.

Workshop descriptions are included in this program. We are offering 3 workshop sessions and some of the workshops are offered more than once. Please make your selections carefully and feel free to contact us with any questions at info@cotting.org.

Conference is Free and Lunch is Included!

KEYNOTE TALK ANDREW SOLOMON, AUTHOR



We are excited to announce that Andrew Solomon, author of the book, Far From the Tree: Parents, Children, and the Search for Identity will be kicking off the "Making Things Possible: The Parenting Experience" Conference for us this year! Solomon will explore the themes of love and acceptance, and share powerful stories from families raising exceptional children who are in some way different from their parents. His talk, followed by a brief Q&A, will inspire you and expand your view of human difference and identity.



SCHEDULE OF THE DAY

7:30 am - 8:00 am	Vendor Welcome & Set-Up		
8:00 am - 9:00 am	Registration Coffee & Refreshments Resource & Vendor Area Visits		
9:00 am - 9:10 am	Welcome Remarks		
9:10 am - 10:00 am	Keynote Talk by Andrew Solomon		
10:00 am – 10:30 am	Book Signing Time Vendor Area Visits Networking		
10:45 am – 12:00 pm	Workshop Session 1		
12:00 pm - 1:00 pm	Lunch/Resource & Vendor Area Visits		
1:00 pm - 2:15 pm	Workshop Session 2		
2:30 pm - 3:45 pm	Workshop Session 3		
3:45 pm - 4:00 pm	Evaulation/Feedback/Tours		

Be social with Cotting School. We're on Facebook, Twitter, Instagram, and LinkedIn. You can find us @ CottingSchool. We'll be posting about the Conference using the hashtags #MTP2018 #MakingThingsPossible #TheParentingExperience #AndrewSolomonAtCottingSchool #CottingSchool2018

Visit our photo station on November 17 to take a selfie or a photo with our Conference photo frame!

We'll be there to help!



WORKSHOP LISTINGS

WORKSHOP SESSION #1 : 10:45 am – 12:00 pm					
Parenting a Special Needs Child with Siblings & Weaving in Self Care Olivia Von Ferstel, Selene Gisholt, Bridget Glenshaw	Appropriately Ambitious IEP Goals (PART 1) Jennie DunKley & Stephanie Monaghan	Grassroots Organizing for Adaptive Sports and Recreational Activities Richard Collins & Panel	Being Your Child's Strongest Advocate Makeeba McCreary	The Changes and Challenges of Puberty Dasha Solomon & Frinny Polanco Walters	
	What's in Your Library? Critiquing and Evaluating Children's and Young Adult Books Robert Mitropoulos		Connectedness and Community at School Krista Macari		
Understanding Your Neurodiverse Child Bretton Mulder & Leslie O'Brien	Applying Neuropsychological Findings for Parents, Teachers, and Specialists Dawn Burau & Daniel Reinstein	Book Group Discussion: Far From The Tree Pam Varrin	Do You Know A Chaos Muppet? Alison Conelias & Alicia Zeh-Dean	Growth Towards Transition Johanne Pino	
WORKSHOP SESSION #2: 1:00 pm - 2:15 pm					
Social, Safe & Fun: Making Plans That Work Marcie Garon & Dave Largenton	Appropriately Ambitious IEP Goals (PART 2)	School Related Equipment: A Process for Getting What You Need Ginny Birmingham	Interweaving Self Care into the Parenting Experience Olivia von Ferstel, Bridget Glenshaw, Selene Aguayo-Gisholt	Mindfulness Based Stress Reduction At Home and At School Pam Varrin & Lola Piscopo	
Let's Check Your Zone! Self-Regulation Skills Rachel Vorkink	Jennie DunKley & Stephanie Monaghan				
Understanding Your Neurodiverse Child Bretton Mulder & Leslie O'Brien	Applying Neuropsychological Findings for Parents, Teachers, and Specialists Dawn Burau & Daniel Reinstein	10 Basic Financial Steps for Special Needs Caregivers Scott Gordon-Macey	Being Your Child's Strongest Advocate Makeeba McCreary	Bullying Prevention Johanne Pino	
WORKSHOP SESSION #3: 2:30 pm - 3:45 pm					
Social, Safe & Fun: Making Plans That Work Marcie Garon & Dave Largenton	What's in Your Library? Critiquing and Evaluating Children's and Young Adult Books Robert Mitropoulos	School Related Equipment: A Process for Getting What You Need Ginny Birmingham	Interweaving Self Care into the Parenting Experience Olivia von Ferstel, Bridget Glenshaw, Selene Aguayo-Gisholt	The Changes and Challenges of Puberty Dasha Solomon & Frinny Polanco Walters	
Navigating Meaningful Parent and Teacher Communication Krista Macari & Panel	Gait Training: How Does It Work with Access Sport America Ross Lilley	Special Needs Trust Overview Scott Gordon-Macey	Do You Know A Chaos Muppet? Alison Conelias & Alicia Zeh-Dean	Mindfulness Based Stress Reduction At Home and At School Pam Varrin & Lola Piscopo	

WORKSHOP DESCRIPTIONS

Applying Neuropsychological Findings for Parents, Teachers, and Specialists

A Neuropsychological evaluation can be pivotal in getting a child the services and supports he or she needs to succeed. Daniel Reinstein, PhD and Dawn Burau, LMHC, SpED present their shared experience on how to translate results from a neuropsychological into language that can be integrated into an IEP.

Daniel Reinstein, Ph.D. and Dawn Burau, LMHC, Sp.Ed.; Community Therapeutic Day School

Appropriately Ambitious IEP Goals (PART 1)

In part one of this two-part workshop, we will take a whole child centered approach to looking at the purpose and process of writing IEP goals. Workshop participants will work together to create what they often see as goals for Social Communication, Emotional Self-Regulation and Executive Functioning, based on a specific student profile, data and scenario. Stephanie Monaghan will discuss the process for defining specific and individual learning needs and share the process for individualizing specific accommodations, modifications and instructional methodologies.

Jennie DunKley; Special Education Consultant and Advocate and Stephanie Monaghan, Pys.D.; NESCA, Neuropsychology & Education Services for Children and Adolescents

Appropriately Ambitious IEP Goals (PART 2)

Jennie DunKley will cover turning Neuro-Speak into IEP Language through her Four F [Fathom, Filter, Fake & Finish] framework to bring to the Team process to create functional, measurable and "appropriately ambitious" IEPs. Jennie and Stephanie will help explain and combine the neuro and sped languages to craft goals and supports for the previously hard to articulate but pervasive skills of: Social Communication, Emotional Self-Regulation and Executive Functioning. Define criteria for what makes a goal individualized, ambitious, appropriate, effective and measurable. Come ready to dig in, for all of this and more.

Jennie DunKley; Special Education Consultant and Advocate and Stephanie Monaghan, Pys.D.; NESCA, Neuropsychology & Education Services for Children and Adolescents

10 Basic Financial Steps for Special Needs Caregivers

This workshop will discuss 10 basic steps to help caregivers get started in preparing for the financial future of their dependent with special needs. As a caregiver of a dependent with special needs, an important issue, regardless of the age of the dependent, is what will happen to my dependent after I'm gone. There are some needs that will always be present and they must be carefully considered and planned for appropriately. This workshop addresses applying for government benefits for Social Security and Medicaid, creating a Special Needs Trust, the importance of a Will and considering a Letter of Intent.

Scott Gordon-Macey; Baystate Financial Services

Being Your Child's Strongest Advocate

Even though we've heard that, as parents, we are our child's strongest advocate, it is easy to feel overwhelmed or intimidated at an IEP. In an open dialog, we can share approaches for controlling our emotions so that we can really show up for our kids. We will explore the questions we are afraid to ask and strategize about getting more of what our children need. What's working well? What needs tweaking? What isn't working and needs to stop? Together, we will explore ways to reshape the conversation to bring about better outcomes for everyone.

Makeeba McCreary, Ph.D.; Managing Director and Senior Advisor of External Affairs, Boston Public Schools

Book Group Discussion: Far From The Tree

Join us for a unique book group session. We'll use Author Andrew Solomon's book *Far From the Tree: Parents, Children, and the Search for Identity* as a springboard for discussion. Whether you've read the book in full, or have just been introduced to it, you're welcome to join the group. Discussion materials will be provided to all participants.

Pamela H. Varrin, Ph.D; Cotting School

Bullying Prevention

This workshop will address the significant changes in special education practice that are a result of the state's anti-bullying prevention law, focusing on both school-wide efforts to create safe and supportive school environments for students with disabilities and statutory provisions that require IEP Teams to address bullying of students with disabilities.

Johanne Pino; Massachusetts Advocates for Children

The Changes and Challenges of Puberty

Puberty can be confusing and stressful for all adolescents and their families, but it can be even more so for students growing up with physical, intellectual, and communication challenges. Our panel brings together expertise in understanding the changes of puberty from the physical, medical, educational, social-emotional, relationship, and safety perspectives and will share information and strategies for teaching and supporting adolescents (and their parents) through this process. We hope you will be able to join us to learn and share together — your questions and concerns are welcome!

Dasha Solomon, PsyD. & Frinny Polanco Waters, Fellow; Boston Children's Hospital

Connectedness and Community at School

Besides school academics, there's a lot to consider about how students feel connected and engaged at school. Research shows the importance of school engagement and school climate, specifically for students with disabilities. In this workshop we'll review some of the recent research and how school connectedness and community are associated with positive outcomes for students with disabilities. We will also discuss ways parents and educators can support school engagement for students with a variety of needs.

Krista Macari, M.S., CCC-SLP; Cotting School

Do You Know a Chaos Muppet?

As technology use expands to support students in their learning environments and at home, the need for parents and teachers to become familiar with and troubleshoot is in high demand. Using Dahlia Litwick's groundbreaking publication at Slate as a foundation, we will explore her philosophy that every human can be classified according to one simple metric: Every one of us is either a Chaos Muppet or an Order Muppet. We will use this theory to explain executive functioning skills and explore ways to help ALL muppets (including parents and teachers) get through the day. During this session, we will explore low and high-tech tools and strategies. Bring your computers and/or tablets to take notes and try things as we go!

Allison Conelias, Alicia Zeh-Dean, M.S., OTR/L; Cotting Consulting

Gait Training: How Does It Work with AccesSportAmerica

AccesSportAmerica inspires higher function and fitness for children and adults living with disabilities through high-challenge sports and training. Join Ross Lilley, Executive Director of AccesSportAmerica as he demonstrates the equipment and the Gait Training process.

Ross Lilley; AccesSportAmerica

Grassroots Organizing for Adaptive Sports and Recreational Activities

Richard Collins has given countless hours of his weekend time over the last 8 years to enrich the lives of young adults with disabilities. On his own initiative, Rich Collins started an alumni basketball team that meets on Saturdays to practice and play the sport they enjoyed the most while students at Cotting. It has been enormously popular and the program has grown to now serve more than forty alumni, each Saturday all winter long. Strategize with Coach Collins and some of the team players on how to build a successful program. They will share their recipe for success!

Richard Collins, Coach; Roadrunners Basketball

Growth Towards Transition

This workshop will focus on both the transition special education services which prepare youth for employment, independent living and further education and discuss mechanisms to plan for services students may require when they exit special education as well as transition to the adult human service system. Through the use of case examples, parents and professionals will learn strategies that may help students receive important transition services mandated by special education laws. Parents and professionals will also gain an understanding on Chapter 688, the state law that helps plan for youth with disabilities after they leave school.

Johanne Pino; Massachusetts Advocates for Children

Interweaving Self-Care into the Parenting Experience: Making the Impossible, Possible

This experiential workshop explores different strategies of selfcare and how each strategy might target the parenting experience. Areas of exploration will include:

- Self-care and the child with special needs
- Self-care and the siblings
- Self-care and the couple
- Self-care and the self
- Self-care and the community.

Olivia von Ferstel, Bridget Glenshaw, L.M.H.C. and Selene Aguayo-Gisholt, M.A., L.M.H.C.; Community Therapeutic Day L.M.H.C., SpEd.

Let's Check Your Zone! Self-Regulation Skills in the Classroom

This session with provide an overview of a curriculum used to foster emotional awareness and self-regulation skills. Beyond individual therapy sessions, we will discuss how The ZONES of Regulation program can be used at school and at home to develop a common language for teaching emotional regulation skills to students with disabilities. We will also consider teachers and parents can utilize lessons and tools from this program to foster a positive learning environment.

Rachel Vorkink, M.A., C.A.G.S., NCSP; Cotting School

Mindfulness Based Stress Reduction at Home and at School

If you are raising a child with a disability, you are likely well acquainted with the experience of stress, both in yourself and in your child, as you navigate the challenges of development. Recent research has suggested that chronic stress can take a toll on both physical and emotional functioning. Ongoing stress can serve as a potent challenge to maintaining energy and hope in the long haul of parenting children with disabilities through the lifespan. Experiencing stress at school can serve as a barrier for students to being available for learning, applying skills, and making and enjoying social connections. The presenters of this workshop will show and share hands-on tools and practices for using mindfulness-based stress reduction techniques to maintain and improve functioning at home and at school.

Pamela H. Varrin, Ph.D; and Lola Piscopo, M.Ed; Cotting School

Navigating Meaningful Parent and Teacher Communication

Whether you have a child in school, or you work in a school setting, chances are you are always trying to navigate meaningful parent and teacher communication, problem-solving, and collaboration. Sometimes difficult conversations become part of that navigation. We've got a panel of folks who look forward to spending a workshop session sharing perspectives and discussing how we navigate discussions and build relationships with the best interest of students at the forefront. The workshop panelists will consist of a teacher, a parent, and an administrator from Cotting School, and, of course, you!

Krista Macari, M.S., CCC-SLP; Cotting School

School Related Equipment: A Process for Getting What You Need

The right equipment can help students with physical disabilities participate more fully in the educational experience. Getting the right equipment is a process and it's sometimes daunting! Ginny Birmingham will present an overview of how the Cotting process works, including the roles and responsibilities of team members, what to do if equipment is deferred or denied, and what to do when equipment arrives. There will be time for discussion and questions.

Ginny Birmingham, , M.A., P.P., ATP; Cotting School

Social, Safe and Fun - Making Plans That Work!

We'll explore what's involved in making social plans that are age appropriate, safe, and fun! We will take you through the process used at Cotting School in which student groupings are made, how we choose excursions, and how we incorporate community inclusion into our overall goals. This session will also highlight the differences of social time when it is structured (during the school day), compared to a more flexible social experience.

Marcie Garon & Dave Largenton; Cotting School

Special Needs Trust Overview

Is planning for your financial future and that of your child something you want to discuss? This workshop will touch upon the ways that financial planning can assist families with dependents with special needs to plan properly for their future financial welfare without jeopardizing government benefits. A portion of the workshop will discuss funding a Special Needs Trust.

Scott Gordon-Macey; Baystate Financial Services

Understanding Your Neurodiverse Child

'Neurodiversity' means valuing the differences in how people think and learn. A diagnosis of ADHD, autism/Asperger's syndrome, or a learning disability may indicate a different set of strengths than someone considered 'neurotypical.' What makes them different is the key to their growth and success in life. This workshop will focus on how you can understand the autism spectrum as presenting both unique strengths and challenges for your child. We will discuss how to create niche environments at school and with the transition to work, so that your child's strengths can be maximized and challenges minimized. This workshop is relevant for parents, educators, and neurodiverse students.

Brett Mulder, Psy.D.; MGH Aspire & Leslie O'Brien, LICSW; MGH Aspire

What's in Your Library? Critiquing and Evaluating Children's and Young Adult Books

This workshop will challenge the way we as parents and teachers, approach and select the texts we share with children for diverse and authentic purposes. We'll spend time identifying trends in what is presented to children and young adults, and the impact that can have on their world view. Authors and illustrators hold the power in how their stories are told, and these may be viewed with subjective lenses by readers. There are tools available to help you choose which books to expose children and young adults to—in this workshop we'll explore some of those tools together!

Robert Mitropoulos, M.Ed., Cotting School





WORKSHOP PRESENTERS

Selene Aguayo-Gisholt, M.A., L.M.H.C.

Selene is a Master level Mental Health Counselor and Expressive Therapist with extensive clinical experience. Selene co-leads Sibling Group meetings at Community Therapeutic Day School in Lexington, Massachusetts.

Virginia Birmingham, PT, ATP

Charles H. Taylor Chair of Physical Therapy Department, Cotting School

Ginny is a physical therapist and certified Assistive Technology Professional (ATP) with 28 years of experience helping Cotting School students get the positioning and mobility equipment needed to improve functional mobility and access to the educational environment.

Dawn Burau, LMHC, Sp.Ed.

Community Therapeutic Day School

Dawn received her Master's degree in Mental Health Counseling and Expressive Therapies from Lesley University and works as a therapeutic teacher at the Community Therapeutic Day School in Lexington, MA. Dawn works with children diagnosed with neurological, behavioral, emotional and learning disabilities, developing curriculum, teaching, leading group psychotherapy and individual therapy. Dawn is currently a member of the Core Faculty at Lesley University in the Graduate School of Expressive Therapy. With Daniel Reinstein, she has co-authored Integrating Neuropsychological and Psychological Evaluations: Assessing and Helping the Whole Child, published by Routledge in Spring, 2014.

Richard Collins

Cotting School Roadrunners

Richard, also known as Coach Collins, has given countless hours of his weekend time over the last 8 years to enrich the lives of Cotting School Alumni. On his own initiative, Rich Collins started an alumni basketball team that meets on Saturdays to practice and play the sport they enjoyed the most while students at Cotting. It has been enormously popular and the program has grown to now serve more than forty alumni, each Saturday all winter long.

Allison Conelias, M.Ed.

Cotting Consulting

Allison holds a Master's degree focused in Special Education and Teaching from Boston University and works as part of the Cotting Consulting outreach team, providing services to students, teachers, and families implementing Assistive Technology solutions in Massachusetts public school districts. In addition, Allison presents professional development workshops on a wide range of special education and technology.

Jennie DunKley

Special Education Consultant and Advocate

Jennie is a 17-year veteran Special Education Consultant and Advocate, a Basic Rights, Learning Styles and IEP Development trainer for the Federation for Children with Special Needs, SPaN Board Member and a past chair of the Massachusetts Special Education Advisory Council. She also is the Founder of The ThinkEd Project, a non-profit aiming to develop and implement a K-12 framework for teaching critical thinking, social communication and emotional regulation.

Marcie Garon

Cotting School

Marcie has worked at Cotting School since September 2000. Marcie has been a program assistant working with Lower, and Middle School. Marcie also serves at a Team Leader and is the Co-Founder of Cotting's after school program "Circle of Friends", which began in 2004. Marcie enjoys helping students build their independence while socializing with friends out in the community.

Bridget Glenshaw, LMHC

Community Therapeutic Day School

Bridget is the Clinical Program Manager at Community Therapeutic Day School in Lexington, Massachusetts where she coleads support groups for siblings of children with special needs.

Scott Gordon-Macey

Baystate Financial Services

Scott earned his Bachelor of Science in Business from the University of Massachusetts at Amherst, and his MBA from Babson College. He holds a Series 6, 65, 7 and various insurance licenses, and has advanced designations from The American College (CFP, CHFC, CASL). Scott lives in Southern Vermont with his wife, two children and a variety of animals. He is an active member of the community and is involved with the Brattleboro Boys and Girls Club, as well as The New England Youth Theatre.

Dave Largenton

Business Name Here

Dave is a Program Assistant at Cotting School, where he has been working with students and teachers for many years. Dave is passionate about helping students expand their social skills and offering them opportunities to practice these skills in school and community settings.

Ross Lilley

AccesSportAmerica

Ross Lilley is the Executive Director of AccesSportAmerica, a program that inspires higher function and fitness for children and adults living with disabilities through high-challenge sports and training. A national non-profit organization based in Massachusetts.

Krista Macari, M.S., CCC-SLP

Chief Academic Officer, Cotting School

Krista is the Chief Academic Officer at Cotting School. Krista holds a Bachelor of Arts degree in English and Communications from the State University of New York at Albany, NY and a Master of Science degree in Speech-Language Pathology from Northeastern University. Krista enjoys watching students learn, develop new skills, gain independence, make friends, and build confidence.

Makeeba McCreary, Ph.D.

Boston Public Schools

Dr. Makeeba McCreary is the Managing Director and Senior Advisor of External Affairs for Boston Public Schools. Dr. McCreary focuses on expanding BPS' public/private partnerships and philanthropic community relations, while overseeing special projects and corporate relations. Dr. McCreary earned a Doctor of Education at Columbia University, a Master's in Education at the Harvard Graduate School of Education and a Bachelor of Arts in Psychology at UMass Boston. Dr. McCreary lives in Jamaica Plain with her son, Gary.

Robert Mitropoulos, M.Ed.

Cotting School

Robert, an Upper School Teacher at Cotting School earned his bachelor's degree in special education and master's degree in literacy from Lesley University. Robert began at Cotting as a Program Assistant while he completed his graduate program and then transitioned to the role of lead teacher in a Cotting School classroom. Robert enjoys watching his students apply the skills they're learning in the classroom in the real world.

Stephanie Monaghan-Blout, Pys.D

NESCA, Neuropsychology & Education Services for Children and Adolescents

Dr. Stephanie Monaghan-Blout is a senior pediatric neuropsychologist at NESCA who specializes in the neuropsychological assessment of children and adolescents with complex learning and emotional issues. She has a particular interest in working with adoptive children and their families as well as those contending with the impact of traumatic experiences.

Bretton Mulder, Psy.D

MGH Aspire

Brett Mulder, Director of Teen and Adult Programs at MGH Aspire, oversees year-round programming for teenagers and adults with high cognitive autism and related profiles. He provides consultation to school systems and supports Fortune 500 companies and other employers of adults with autism with trainings such as Working with Autism and Creating a Neurodiverse Workplace Culture. As an Instructor at Harvard Medical School, his research is on the outcomes of Aspire teen and adult programs that aim to improve the transition of autistic adults into college and competitive work settings. Dr. Mulder holds appointments as Psychologist in the Department of Psychiatry and as Assistant in Pediatrics in the Department of Pediatrics at Massachusetts General Hospital. At the Lurie Center of MGH, he sees children, teenagers and adults for individual psychotherapy.

Leslie O'Brien, LICSW

MGH Aspire

Leslie O'Brien developed and directs Aspire Works and its Employer Training and Consulting programs. In addition to individual consulting with supervisors and employees, her programs provide over 50 area employers with carefully matched neurodiverse interns and the mentorship that leads to success. She facilitates corporate workshops with titles such as Neurodiverse Hiring and Interviewing Practices and Feedback & Performance Evaluations for Neurodiverse Employees. In addition, O'Brien has over 10 years of clinical experience supporting children and adults to achieve educational and occupational success.

Johanne Pino

Massachusetts Advocates for Children

Johanne is a full-time project coordinator at Massachusetts Advocates for Children, where she engages in outreach and provides information and technical assistance to parents, legislators and professionals that work with children with disabilities or work on legislative issues that affect children with disabilities.

Lola Piscopo, M.Ed

Cotting School

Lola has been a high school Special Education teacher at Cotting for 9 Years. Her background is in English, Literacy, and Transitional Education. Her teaching passions include integrating technology and tools in the classroom (and life!) to create diverse, exciting and realistic learning opportunities. She is an advisor for the Best Buddies and the EPIC Service Warriors Programs.

Daniel Reinstein, Ph.D.

Community Therapeutic Day School

Daniel completed his doctorate in psychology and neurosciences at Binghamton University and was a postdoctoral fellow at MIT's Center for Brain Research, before completing a Harvard Fellowship in Clinical Neuropsychology in 2003. He holds an adjunct faculty position in the Department of Psychiatry at the University of Massachusetts Medical School. He has worked at the Community Therapeutic Day School for over thirty years and is currently the Clinical Director and Director of Research there. With Dawn Burau, he has co-authored Integrating Neuropsychological and Psychological Evaluations: Assessing and Helping the Whole Child, published by Routledge in Spring, 2014.

Dasha Solomon, Psy.D

Boston Children's Hospital

Dasha is a Licensed Clinical Psychologist at Boston Children's Hospital Developmental Medicine Center (BCH, DMC) and an Instructor at Harvard Medical School. She completed her doctoral training at the Chicago School of Professional Psychology and her predoctoral clinical psychology internship at the University of Rochester School of Medicine and Dentistry. Her past research focused on dating, romantic relationships, and sexual health needs for people with autism. Dasha has continued to pursue her research interests in Susan Faja, Ph.D.'s Lab at BCH, focusing on intimate relationships and healthy sexuality for people with autism. She presented on this topic for BCH's Autism Spectrum Center Parent Forum and the Laboratory of Cognitive Neuroscience. Dasha has the privilege of working with infants, children, adolescents, and their families in the DMC where she conducts psychological assessments and treatments for children with developmental disabilities and feeding challenges.

Pamela H. Varrin, Ph.D.

Cotting School

Pam is the Coordinator of Family Support Services at Cotting School. In addition to her work at Cotting, she is a member of the Faculty at the Institute for Professionalism and Ethical Practice at Boston Childrens Hospital. Her dual experience as a clinical psychologist and parent of a young adult with disabilities informs every aspect of her work.

Olivia von Ferstel, LMHC, SpED

Community Therapeutic Day School

Olivia is the Educational Program Manager at the Community Therapeutic Day School in Lexington. As a licensed counselor and expressive therapist, one of her many interests has been to support the siblings of children with special needs.

Rachel Vorkink, M.A., C.A.G.S., NCSP

Cotting School

Rachel Vorkink is a nationally certified school psychologist and a clinician within the Mental Health Department at Cotting School. She provides individual and group counseling services, consults with staff and families around emotional and behavioral challenges, as well as teaches health and wellness classes.

Frinny Polanco Walters

Boston Childen's Hospital

Frinny is a fellow in Adolescent Medicine at Boston Children's Hospital. Her interests are promoting sexual health education for all adolescents and young adults, especially those with developmental disabilities, and advocating for policies that support greater access and better-quality services to underserved communities. She started her medical career journey at New York Medical College and returned to Boston for Pediatrics residency at the Floating Hospital for Children at Tufts Medical Center. She grew up in Boston.

Alicia Zeh-Dean, M.S., OTR/L

Cotting Consulting

Alicia has worked with clients from school age to older adult using assistive technology. Prior to Cotting Consulting, Alicia worked as an occupational therapist in the public schools as well as in hospital based settings. She received her Master's of Science in OT from Tufts University and her post graduate certificate in Assistive Technology from the University of New Hampshire.

OUR VENDOR & RESOURCE AREAS WILL FEATURE TABLES BY:

3I.Place

Access Sport America
Baystate Financial Services
Berkshire Hills Music Academy
Brain Injury Association of
Massachusetts
Cardinal Cushing Centers

CLASS, Inc.
Cornell Orthotics
Easter Seals of Massachusetts
The Guild for Human Services
MassMATCH
Milestones
Perkins Braille & Talking Book

Library
PLAN of Massachusetts and
Rhode Island
Specialized Housing, Inc.
United Cerebral Palsy
Waypoint Adventure
...and more!

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