

#### **Transition to Middle School**

The Good, the Bad and the Ugly

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#### **Presentation Overview**

- Setting the Stage
- Academic Demands
- Organizational Demands
- Social Opportunities/Challenges
- Implications for IEP
- Transition Prep
- Resources
- Questions & Answers



## Things to look forward to

- Interesting academics
- Larger pool of potential friends
- Better facilities/resources
- Interesting and fun extracurricular activities
- More male teachers/staff
- Potentially greater special needs expertise among staff





## What are you most concerned about as your child enters Middle School?

- Academics
- Making friends
- Adjustment to larger school/new teachers/more complex environment
- Need to develop greater independence





Nor is a successful middle school student, especially one with special needs

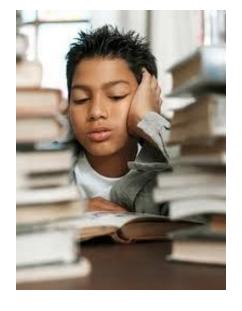


## We're not in Kansas anymore...







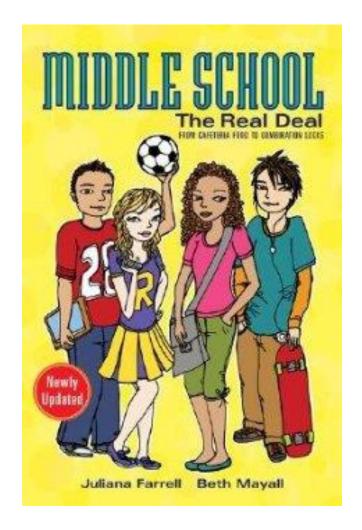


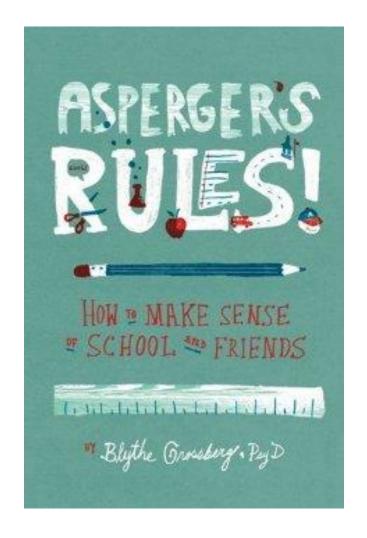






## Recommended Reading





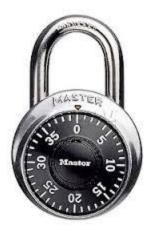


## **Transportation**

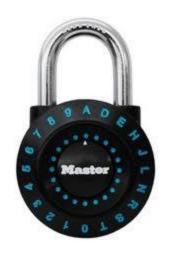




## **Lockers and Combination Locks**













# Changing Classes Rotating Schedule









## **Physical Education**











## Cafeteria

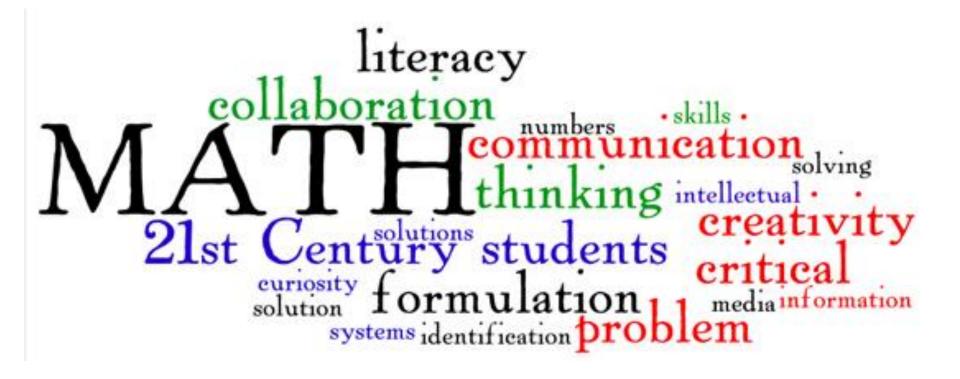








#### New Academic Environment





#### **Academic Demands**

- More transitions
- More listening/note-taking
- More group work
- More technology
- More tests/quizzes/homework
- More choices







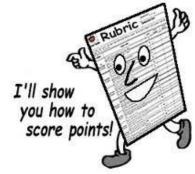


## Expectations

- Student is expected to ask for help and advocate for him/herself with teachers
- Teacher-student contracts
- Feedback to student on performance/grades
- Often less direct communication to parents, more shared via website



## **Rubrics**



	Criteria				Points
	4	3	2	1	
Introduction/	Student properly generates questions and or problems around a topic.	Student generates questions and or problems.	Student requires prompts to generate questions and or problems.	Questions or problems are teacher generated.	
Conclusions	Numerous detailed conclusions are reached from the evidence offered.	Several detailed conclusions are reached from the evidence offered.	Some detailed conclusions are reached from the evidence offered.	A conclusion is made from the evidence offered.	
Information	Information is gathered from multiple electronic and non-electronic sources and cited properly.	gathered from multiple electronic and non-	Information is gathered from limited electronic and non- electronic sources.	Information is gathered from non- electronic or electronic sources only.	
	Well organized, demonstrates logical sequencing and sentence structure.		Well organized, but demonstrates illogical sequencing and sentence structure.	Weakly organized.	
	Punctuation and capitalization are correct.	There is one error in punctuation and/or capitalization.	There are two or three errors in punctuation and/or capitalization.	There are four or more errors in punctuation and/or capitalization.	
				Total	1

Head with accordation from Toron colors



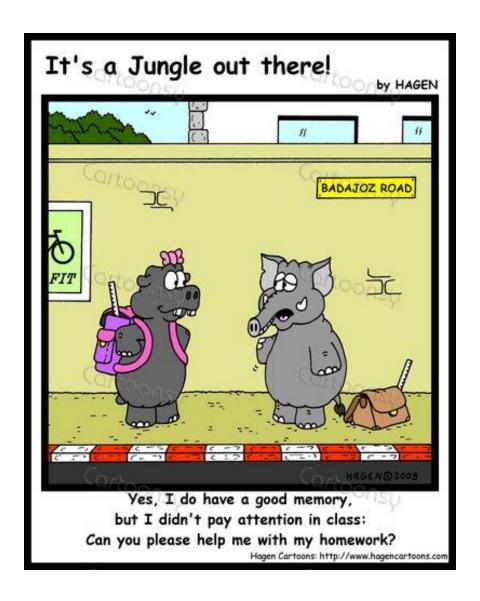
## **Academic Support**

- Resource Center/Learning Center
  - Content Review
  - Class notes/study guides
  - Homework
  - Writing Assignments
  - Organizational Support
- Homework Club



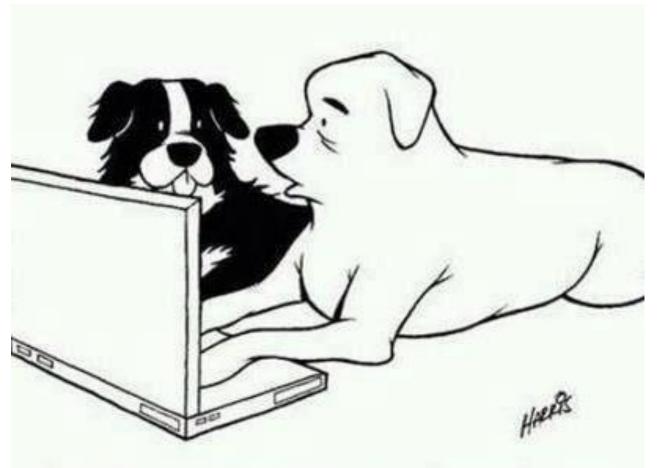


### Homework Humor





#### Homework Humor



"And then I just hit delete. I haven't actually eaten any homework for years."



## How would you rate your child's organizational skills overall?

- Excellent
- Very Good
- Good
- Needs improvement
- Horrendous







## Organizational Demands

- Schedule
- Backpack
- Binders
- Locker
- Homework area













#### **Executive Function Processes**

- Planning
- Organizing
- Prioritizing
- Shifting
- Memorizing
- Checking
- Problem solving





"Tell me and I forget.

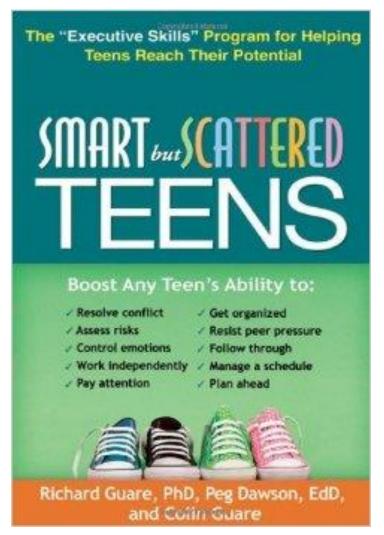
Teach me and I remember.

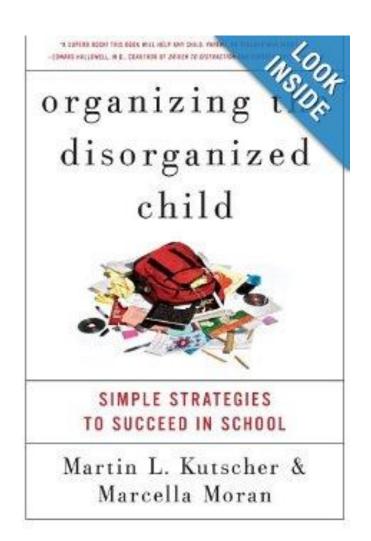
Involve me and I learn."

-Benjamin Franklin



#### Recommended Resources







## **Assignment Planner**









## **Customized Checklist**

Subject	Stuff Needed		
Reading	<b>☑</b> book <b>☐</b> notebook <b>☑</b> pencil <b>☐</b> homework other		
Language Arts	<b>V</b> book □notebook <b>V</b> pencil <b>V</b> homework other		
Math	<b>☑</b> book <b>☑</b> notebook <b>☑</b> pencil <b>☐</b> homework other ruler		
Social Studies	<b>Dook</b> □ notebook  pencil □ homework other magazine		
Science	<b>I</b> book		
Other:	book notebook pencil homework other		
Specials			
Lunch	☑ lunch/ticket ☐ lunch bag		
Other: Art	book notebook pencil homework other crayons		
Other: PE	book notebook pencil homework other gym clothes		
Other:	book notebook pencil homework other		



## What concerns you most about social life in Middle School?

- Bullying
- Maturity level of my child vs. peers
- Social isolation
- Social media
- Dating/relationships
- Drinking and drugs



# Social Opportunities and Challenges

- Greater independence
- Less parental involvement
- Challenges of being/staying current
  - Clothing, music, video games, social media
- Old friends vs. new friends
- Fitting in vs. standing out
- Peer dynamics/social hierarchy





### Extracurricular

- Sports
- Clubs
- Music and Theater







## **School Dances**











#### Cell Phone

- Important for safety and to stay in contact
- Consider budget
- Establish guidelines
- Supervise regularly









#### Home Alone?

- Start slowly
- Teach and practice specific skills
  - Phone protocol
  - Locking/unlocking door
- "Safe" activities
- House rules
- Back-up plans





# IEP Meetings and Home-School Communication

- Full team meetings tend to be less frequent
  - Not every regular ed teacher will attend
- More email and phone, less face-to-face
- Establish a strong connection with at least staff one member
- Encourage your child to advocate for himself <u>and</u> create a safety net



#### Possible IEP Accommodations

- Leave class a bit early to avoid hallway crush
- Two sets of books one for school, one for home
- Personal laptop or iPad
- Modified worksheets/homework/quizzes/tests
- Homework check-in/check-out
- Help accessing school communication
- Morning arrival
- Sensory breaks
- Snack break



#### Possible IEP Services

- Resource room/Academic support
- Paraprofessional support for
  - Academic classes
  - Afterschool activities
- Social skills group
- Regularly scheduled meeting with counselor
- Consultation from an outside expert
- Special transportation
- ESY



## **Transition Prep**

- Talk to your child about his/her concerns
- Talk to parents of current students
- Visit and tour the school more than once
- Meet teachers in advance if possible
- Practice using the combination lock
- Practice new morning routine if needed
- Read books, school website, etc...
- Create a "Getting to know my child" one pager and send to teachers
  - 3 Strengths, 3 Challenges, 3 Strategies



### Recommended Student Reading

- Middle School The Real Deal, J. Farrell & B. Mayal, ©2007
- No B.O.!: The Head-to-Toe Book of Hygiene for Preteens, M.
   Crump, © 2002
- Asperger's Rules, How to Make Sense of School and Friends,
   B. Grossberg, © 2012
- The Asperkid's (Secret) Book of Social Rules: The Handbook of Not-so-obvious Social Guidelines for Tweens and Teens With Asperger Syndrome, J. Cook O'Toole, © 2012
- Social Rules for Kids, S. Diamond, © 2011
- Middle School The Stuff Nobody Tells You About: A Teenage Girl with ASD Shares Her Experiences, H.Moss, © 2010



#### Recommended Parent Reading

- Smart but Scattered Teens, R. Guare, P. Dawson, C. Guare © 2012
- Organizing The Disorganized Child, M. Kutscher & M. Moran,
   ©2009
- Raising a Thinking Preteen, M. Shure, ©2000
- Asperger Syndrome and Adolescence Helping Preteens and Teens Get Ready for the Real World, T. Bolick, ©2004
- The Hidden Curriculum for Understanding Unstated Rules in Social Situations for Adolescents and Young Adults, B. Smith Myles, M. Trautman, R. Chelvan, ©2013



## Recommended Parent Workshops/ Webinars from AANE

- Welcome to the Teen Years
- Homework Help
- Why does my child behave like that?
- Short term support groups for parents of tween girls (fall) and boys (spring)
- Grow UP! Helping Teens Become Competent Adults

For more information, and to register, visit:

http://www.aane.org/upcoming events/aane event list.html

https://student.gototraining.com/327hl/catalog/4618140501300593920



## **Questions & Answers**







#### **THANK YOU!**